NATIONAL INSTITUTE OF TECHNOLOGY SRINAGAR
(An Autonomous Institute of National Importance Established by the Act of Parliament)
Department of Humanities, Social Sciences, and Management
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Course Title: Poetry for Personality
Course Code: HSSPGUG001

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Credits: 3, **Marks:** 100
Program/Semester: All PG and UG Programs (Open Elective for Different Semesters)
Course Prerequisites: The course has no specific prerequisites and is open to all PG and UG students on the campus
Course Instructor: Anil Singhal

Course Description: The course is designed to cater to the need of inculcating soft/personal skills in undergraduate and postgraduate students across the departments via reading and analyzing poetry. By focusing on the 21st-century-life-skill development, the course serves the vision and mission of the HSS&M Department as well as the goals of the NEP 2020. The campus-wide course adopts active and flexible learning approaches in the classroom to achieve the desired outcomes. Teaching the selected poems via applying concept mapping, think-pair-share, and other innovative strategies, the course expects the learners to improve their cognitive, affective, and interpersonal skills and thus better their career prospects too.

Course Objectives (COBs): The course intends to help the students to

COB1: Acquaint themselves with basics of personality skills.
COB2: Understand nature, scope, and types of thinking, emotional, and social skills.
COB3: Read the prescribed poems to discuss various life skills in relation to literature.
COB4: Develop their personality through bettering their soft skills with the help of poetry.

Course Outcomes (COs): Upon the completion of this course, the students will be able to

CO1: Exhibit knowledge and understanding of various soft skills.
CO2: Relate poetry reading to different cognitive, affective, and interpersonal skills.
CO3: Analyze the prescribed short poems to discover the direct relationship between literature, life skills, and personality development.
CO4: Apply essential knowledge of the different ways of thinking, feeling, and behaving to dealing with day-to-day issues.

Contents

Unit 1: Introduction

      i)   Soft Skills, Personality Development, and Poetry
      ii)   Thinking Skills
      iii)   Emotional Skills
      iv)   Interpersonal/Social Skills

Unit 2: Analytical and Critical Thinking

      i)   'The Road Not Taken' by Robert Frost (https://www.poetryfoundation.org/)
      ii)   'The Times They Are A-Changin'' by Bob Dylan (https://www.bobdylan.com/)
      iii)   'Come Over Murri' by Lionel Fogarty (https://www.best-poems.net/)

Unit 3: Emotional Intelligence and Empathy

      i)   'On Love' by Kahlil Gibran (https://www.poetryfoundation.org/)
      ii)   'Kindness' by Naomi Shihab Nye (https://poets.org/)
      iii)   'Ah, Come Sit beside Me' by J. Krishnamurti (https://www.speakingtree.in/blog/turn-inwards)

Unit 4: Interpersonal Communication and Teamwork

      i)   'If' by Rudyard Kipling (https://www.poetryfoundation.org/)
      ii)   'Words' by Kamala Das (https://www.poemhunter.com/)
      iii)   'Still I Rise' by Maya Angelou (https://www.poetryfoundation.org/)

Prescribed Readings

1. https://professional.dce.harvard.edu/blog/10-emerging-skills-for-professionals/

2. https://www.thebusinesswomanmedia.com/how-poetry-can-improve-soft-skills-list/

3. Bryan Greetham, *Thinking Skills for Professionals*, Palgrave Macmillan, 2010.

4. https://thepeakperformancecenter.com/educational-learning/thinking/critical-thinking/analytical-thinking-critical-thinking/

5. https://www.psychologytoday.com/us/basics/emotional-intelligence

6. https://www.psychologytoday.com/us/basics/empathy

7. https://www.mcgill.ca/skillsets/framework/teamwork-interpersonal

8. https://economictimes.indiatimes.com/jobs/c-suite/effective-leadership-skills-required-to-become-a-purposeful-leader/articleshow/100649566.cms?from=mdr

9. www.poetryfoundation.org